**FAST AND PRAY** that God will give us clear vision for His city in the year 2022.

**FAST AND PRAY** that God would bring revival to our city as we reach the lost.

**FAST AND PRAY** that we will be one, as Jesus and the Father are one

#### Gatherings start at 7pm

and end at 8pm LIVE STREAM

#### NIGHTLY CITY-WIDE PRAYER GATHERINGS - JANUARY 2022

Monday, Jan 10 / Mountain View Church 3600 N Fowler Ave, Fresno, CA 93727 https://www.youtube.com/mvcfresno

**Tuesday, Jan 11 / Legacy Church** 2171 Villa Ave, Clovis, CA 93612 In-person only

Wednesday, Jan 12 / Clovis First Assembly 1185 Sunnyside Ave, Clovis, CA 93611 In-person only

Thursday, Jan 13 / New Joy Church 980 Gettysburg Avenue Clovis, CA 93612 https://www.youtube.com/c/NewJoyClovis

Friday, Jan 14 / First Presbyterian Church 1540 M St, Fresno, CA 93721 https://www.youtube.com/c/FirstPresFresno

**Saturday, Jan 15 / Betel Pastores en Oracion** 148 W. Whitesbridge Ave, Fresno, CA 9370 (At Templo Bethel) In-person only

Sunday, Jan 16 / Northpark Community Church 2297 E Shepherd Ave, Fresno, CA 93720 https://www.youtube.com/c/NorthparkCommunityChurchFresno

Monday, Jan 17 / Butler Church 4884 E Butler Ave, Fresno, CA 93727 https://www.youtube.com/ButlerChurch

**Tuesday, Jan 18 / The Rising Star Missionary Baptist Church** 1104 Collins Ave, Fresno, CA 93706 https://www.facebook.com/risingstarfresno

Wednesday, Jan 19 / Clovis Christian Church 1701 Locan Ave, Clovis, CA 93619 (https://www.cloviscc.com/live-stream) Thursday, Jan 20 / Mountain View Church Sunnyside - 6175 E Kings Canyon Rd, Fresno, CA 93727 In-person only

Friday, Jan 21 / Crosspoint Church Crosspoint Church- 2518 N Cedar Ave, Fresno, CA 93703 https://www.youtube.com/channel/UCFZqiPrlcicr1TZ2uXoQ7rg

Saturday, Jan 22 / Family Christian Assembly 535 N Cedar Ave, Fresno, CA 93702 https://www.youtube.com/user/ChristianTemple559

Sunday, Jan 23 / Valley Christian Center 4649 E Shields Ave, Fresno, CA 93726 In-person only

Monday, Jan 24 / New Life Community Church 2165 Gettysburg Ave, Clovis, CA 93611 https://www.youtube.com/c/ValleyChristianCenterFresno

**Tuesday, Jan 25 / Westside Church of God** 1422 W California Ave, Fresno, CA 93706 https://us06web.zoom.us/j/87172430432?pwd=V05vUnFwOTg rZW1PR0Z4ekIVWm9kUT09

Wednesday, Jan 26 / The Grace Place 375 5th St, Clovis, CA 93612 In-person only

**Thursday, Jan 27 / New Hope Community Church** 4620 E Nees Ave, Clovis, CA 93611 In-person only

Friday, Jan 28 / The Church of Tollhouse 27950 Tollhouse Rd, Tollhouse, CA 93667 https://www.churchoftollhouse.org/

Saturday, Jan 29 / Clovis Hills Church 10590 N Willow Ave, Clovis, CA 93619 https://www.clovishills.com

**\*\*CELEBRATION\*\*** 

Sunday, Jan 30 / Mountain View Church 3600 N Fowler Ave, Fresno, CA 93727 https://www.youtube.com/mvcfresno

## GATHERINGS START AT 7PM & END AT 8PM

### RELENTLESS • 2022 JANUARY 10TH-30TH

## FRESNO & CLOVIS

DAYS OF PRAYER & FASTING TOGETHER



RELENTLESS • 2022 JANUARY 10TH-30TH

# PRAYER AND FASTING

#### FASTING

Giving up food or something special for a spiritual purpose

#### **TESTIMONIES**

Keep track of all the good things God does in you and others during these next 21 days.

#### **REASONS FOR FASTING**

God desires a relationship with us. He is chiefly interested in our trust and obedience. He is the object of our motivation. Fasting is an expression of our desire to seek and please Him. Fasting displays to God that He is more important than anything else.

Fasting works! Prayer and fasting work in synergy. Once when the disciples failed to exorcise demons, Jesus explained that in such instances prayer and fasting were required. Fasting seems to move God to action. Of course, this does not mean that we can manipulate God by fasting, but for some reason, there are times God desires us to underline our requests with fasting.

Communication is a vital component of every kind of relationship. The current texting and social media phenomena are illustrations of the importance of communication. God wants to be on an open line with us every moment of every day. We can communicate a need, thanks, praise, and emotion, as well as receive warning, affirmation, and wisdom at any moment.

For some mysterious reason, at times, God wants our requests before mobilizing His resources into action. Our prayers are effective.

#### **TYPES OF FASTS**

There are several kinds of fasts, and there is no formula for determining which kind of fast, or duration is most appropriate for you. The following are three Biblical examples of fasting:

**ABSOLUTE FAST** Taking in nothing including water. This is extreme and should NOT be attempted without first talking to your doctor.

**NORMAL FAST** Withholding food, but not liquids like water and juices to maintain strength and electrolytes.

**PARTIAL FAST** In the Bible, Daniel and his companions ate vegetables and water, but not the King's meat and sweets. This type of fast may be more appropriate if you have certain health issues. For some people, giving up chocolate or coffee may be a real reminder to pray.

You can also fast anything that means something special to you: Media, Sports, Shopping, etc.

During a fast, always devote extra time to:

- Reading God's word (The Bible)
- Praying
- Focusing on God
- Worshiping

#### **MVC FASTS 3 TIMES A YEAR**

**21-DAY CITYWIDE FAST-** Jan. 10 - Jan. 30 We fast and pray alongside other City Churches. Christians gather nightly at different Churches to pray. **OUR FOCUS IS OUR CITY** 

**40-DAY LENTEN FAST-** March 2 - April 13 We fast and pray before Easter as we personally prepare our hearts to celebrate the death and resurrection of Jesus Christ. **OUR FOCUS IS OUR RELATIONSHIP WITH OUR SAVIOR** 

7-DAY FALL KICK OFF FAST - Sept. 2022 We fast and pray for our Church family and her leaders. OUR FOCUS IS OUR CHURCH FAMILY

#### ALL 3 FASTS ARE MEANT TO EMPOWER THE CHURCH TO GLORIFY GOD AS WE REACH THE LOST.

SEEK THE LORD ON WHAT HE WOULD HAVE YOU FAST FROM FOR THESE 21 DAYS. CREATE SPACE AND INTENTIONALITY IN YOUR DAY TO SPEND EXTRA TIME IN PRAYER FOR YOURSELF, THE CHURCH AND THE CITY.

# I am fasting from

FOR THESE 21 DAYS!